

Careers in Medicine Student Timeline

Class Year	Careers in Medicine Phase	Suggested CiM Activities and Tasks	Person in Charge
Year One		<ul style="list-style-type: none"> • Orientation to Careers in Medicine • Seek out an advisor or mentor 	Counselor Counselor
	<i>Understanding Yourself</i>	<ul style="list-style-type: none"> • Complete the Specialty Indecision Scale (SIS) for personalized guidance on your career concerns • Attend CiM workshops and begin completing self-assessment exercises at this link. 	Counselor Counselor and Student
Year Two	<i>Exploring Options</i>	<ul style="list-style-type: none"> • Continue self-assessment • Complete self-assessment exercises • Review completed Personal Profile with advisor • Begin gathering basic information about specialties of interest through CiM Specialty Pages, other online sites, and library research 	Counselor Counselor Student Student, Counselor
		<ul style="list-style-type: none"> • Attend Specialty Panel and Information Group sessions provided by your school • Compare your self-assessment information to the information you have gathered about specialties. Narrow down your specialty interests to 3–4 top choices • Plan your 3rd year schedule • Take USMLE Step 1 • Begin clinical rotations 	Interest Group Counselor Clinical Coordinator Student
Year Three	<i>Choosing a Specialty</i>	<ul style="list-style-type: none"> • Review the “Charting Outcomes in the Match” report to assess qualifications and competitiveness for different specialties • Conduct informational interviews and/or participate in preceptorships • Contact associations and specialty organizations 	Student and Counselor Dean of Student Affairs, Advisor Student
		<ul style="list-style-type: none"> • Meet with your advisor to discuss your top choices • Complete Choosing Your Specialty exercise • Research residency training programs through AMA’s FREIDA or the “Green Book” • Begin reviewing and comparing residency programs 	Advisor Student Dean of Student Affairs Dean of Student Affairs
Year Four	<i>Getting into Residency</i>	<ul style="list-style-type: none"> • Register with ERAS at www.aamc.org/eras and begin preparing residency applications (CV, letters of recommendation, personal statements, etc.) • Register for the Main Residency Match at www.nrmp.org • Register for early Match programs, if applicable 	Dean of Student Affairs Dean of Student Affairs Dean of Student Affairs
		<ul style="list-style-type: none"> • Complete applications and designate programs to which your materials will be submitted • Take USMLE Step 2 • MSPE released November 1 • Interview with residency programs • Complete the Residency Program Evaluation Guide • Early Match deadline early–mid-January • Rank-order your selections for the NRMP Main Residency Match • Match Day – third Thursday in March. 	Dean of Student Affairs Student Student Student Student Student Student