

Curriculum

Trimester I

| Code | Course Title | Credits |
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| TFP 900 | From the Individual to the System: Introduction to Systemic Thinking | 3 |
| TFP 901 | Theories and Methods of Family and Couples Therapy | 3 |
| TFP 902 | Legal and Ethical Issues in Family and Couples Therapy | 1 |

Trimester II

| Code | Course Title | Credits |
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| TFP 903 | Families and Couples in Transition and Distress | 4 |
| TFP 905* | Methods of Intervention and Practice in Family and Couples Therapy I | 5 |

Trimester III

| Code | Course Title | Credits |
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| TFP 906* | Methods of Intervention and Practice in Family and Couples Therapy II | 5 |

* Requires 50 hours of practice

Course Descriptions

TFP 900-From the individual to the system: Introduction to systemic thinking (3 credits)

This course provides an in-depth examination of systemic thinking and the theories fundamental to the discipline of family therapy.

TFP 901-Theories and methods of family and couples therapy (3 credits)

This course presents an overview of the major models of family and couples therapy and discussions of the assessment methods of each model. The students will critically analyze the applicability of the models within the Puerto Rican and Latino American contexts. The student will analyze his/her own development within his/her family context.

TFP 902- Legal and ethical issues in family and couples therapy (1 credit)

Exploration and discussions of ethical, legal, and professional issues involved in working with families and couples. The course examines laws, rules, and legal decisions relevant to families (e.g., child abuse, domestic violence). Discusses the role of the family therapist in legal courts and the basic principles for writing reports.

TFP 903- Families and couples in transition and distress (4 credits)

Discussion and analysis of social problems in the cultural/family context and their interactions. Study the particulars of non- traditional families such as stepfamilies and gay families. Exploration of the impact upon families of situations such as violence, addictions, losses, mental diseases, eating disorders, poverty, and discrimination. Study and assessment of the appropriate systemic interventions to treat each condition. Discussion and analysis of common problems in couples' relationships such as separation, divorce, sexuality, infidelity, communication problems and others. It studies some appropriate interventions for each situation.

TFP 905-Methods of intervention and practice in family and couples therapy I (5 credits)

In addition to requiring 50 hours of direct clinical practice with families and couples, this course includes a didactic component with emphasis on case presentations and intervention methods. Students assist families and couples in the dead and receive live supervision through the one-way mirror.

TFP 906-Methods of intervention and practice in family and couples therapy II (5 credits)

This second course requires 50 hours of supervised clinical practice and includes a didactic component centered around the discussion of clinical cases. In this course students work individually with families and couples and receive live supervision.